

An Evaluation of an Extensive Listening Pilot Program

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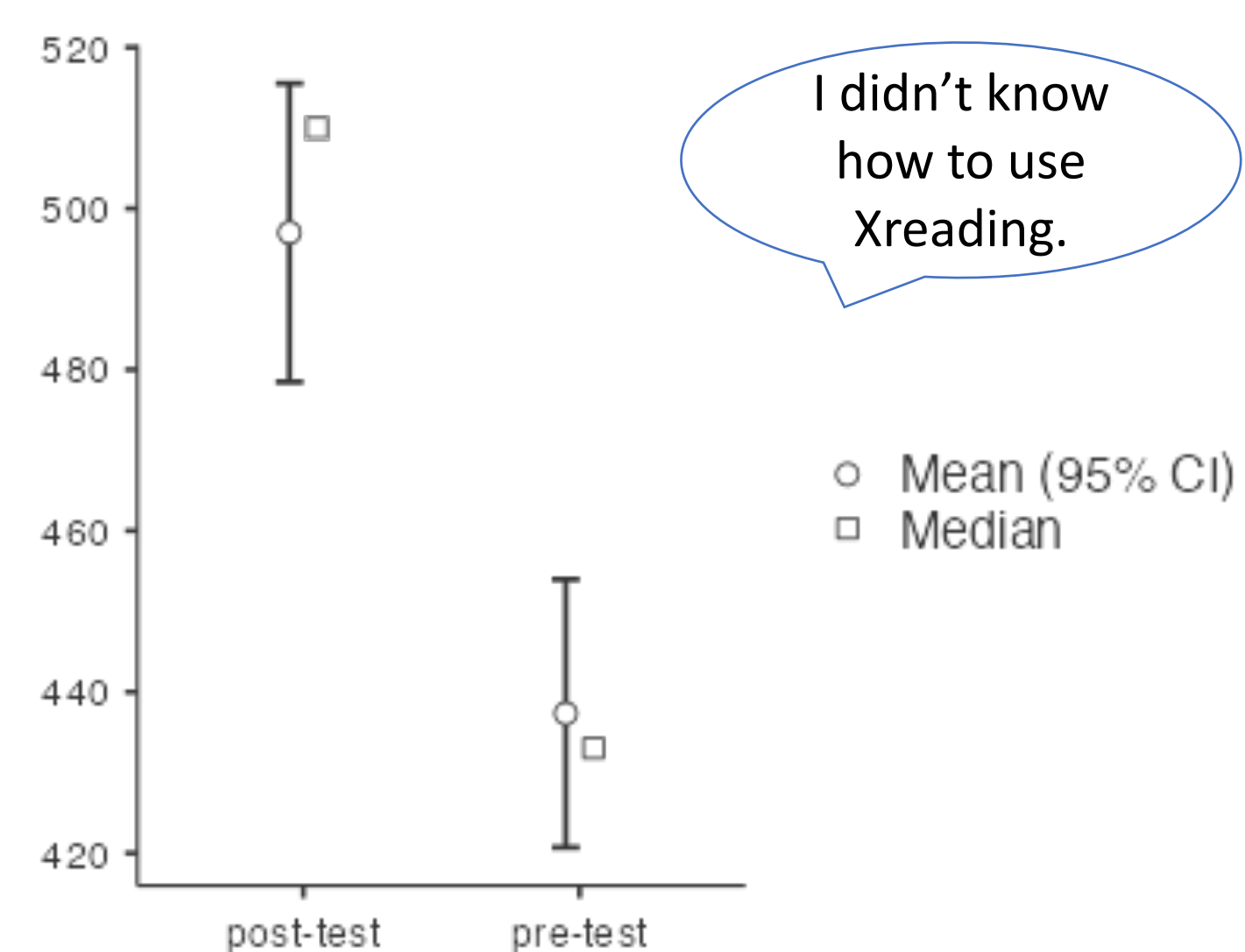
Principles of Extensive Listening

- Learners need access to a wide variety of authentic listening texts.
- Learners choose listening opportunities based on individual interests.
- Listening texts should be at "i-minus 1" level for maximum comprehension.
- Students should listen on a regular schedule for a minimum duration each time.
- Learners should repeat some listening texts multiple times.
- Learners should develop metacognitive knowledge about their own listening processes.
- Subtitles may help, but they may hurt.

EL Program: Global Studies

- 8 classes (1st + 2nd year: N = 221)
- Xreading
- Weekly listening assignments
- 1,000-5,000 words (48,000 words)
- No textual support

Analysis (n = 129):



I didn't know how to use Xreading.

It was too much.

Why couldn't I read the words?

I lost motivation.

Predictor	Estimate	SE	95% Confidence Interval		t	p	Stand. Estimate	95% Confidence Interval	
			Lower	Upper				Lower	Upper
Intercept	194.76410	31.4526	132.52028	257.00793	6.19	<.001	0.561	0.424	0.699
pre-test	0.62494	0.0774	0.47179	0.77810	8.08	<.001			
Listen time (sec)	0.00229	5.77e-4	0.00115	0.00343	3.96	<.001	0.276	0.138	0.413

Predictor	Estimate	SE	95% Confidence Interval		t	p	Stand. Estimate	95% Confidence Interval	
			Lower	Upper				Lower	Upper
Intercept	87.94453	20.4191	47.536	128.35341	4.31	<.001			
pre-test	0.33114	0.0502	0.232	0.43057	6.59	<.001	0.501	0.350	0.651
Listen time (sec)	0.00133	3.75e-4	5.88e-4	0.00207	3.55	<.001	0.270	0.119	0.420

How can we encourage students to listen to more English?



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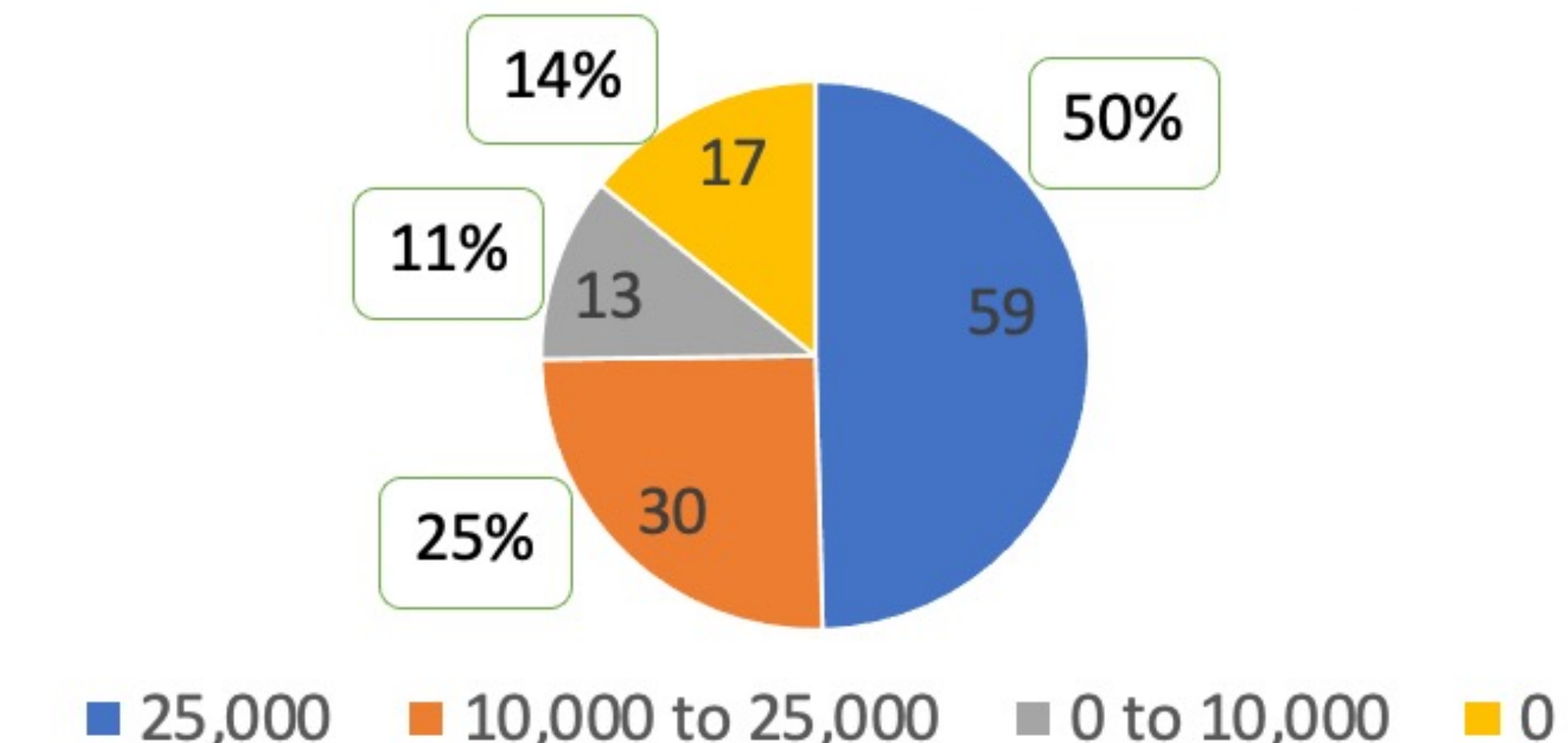
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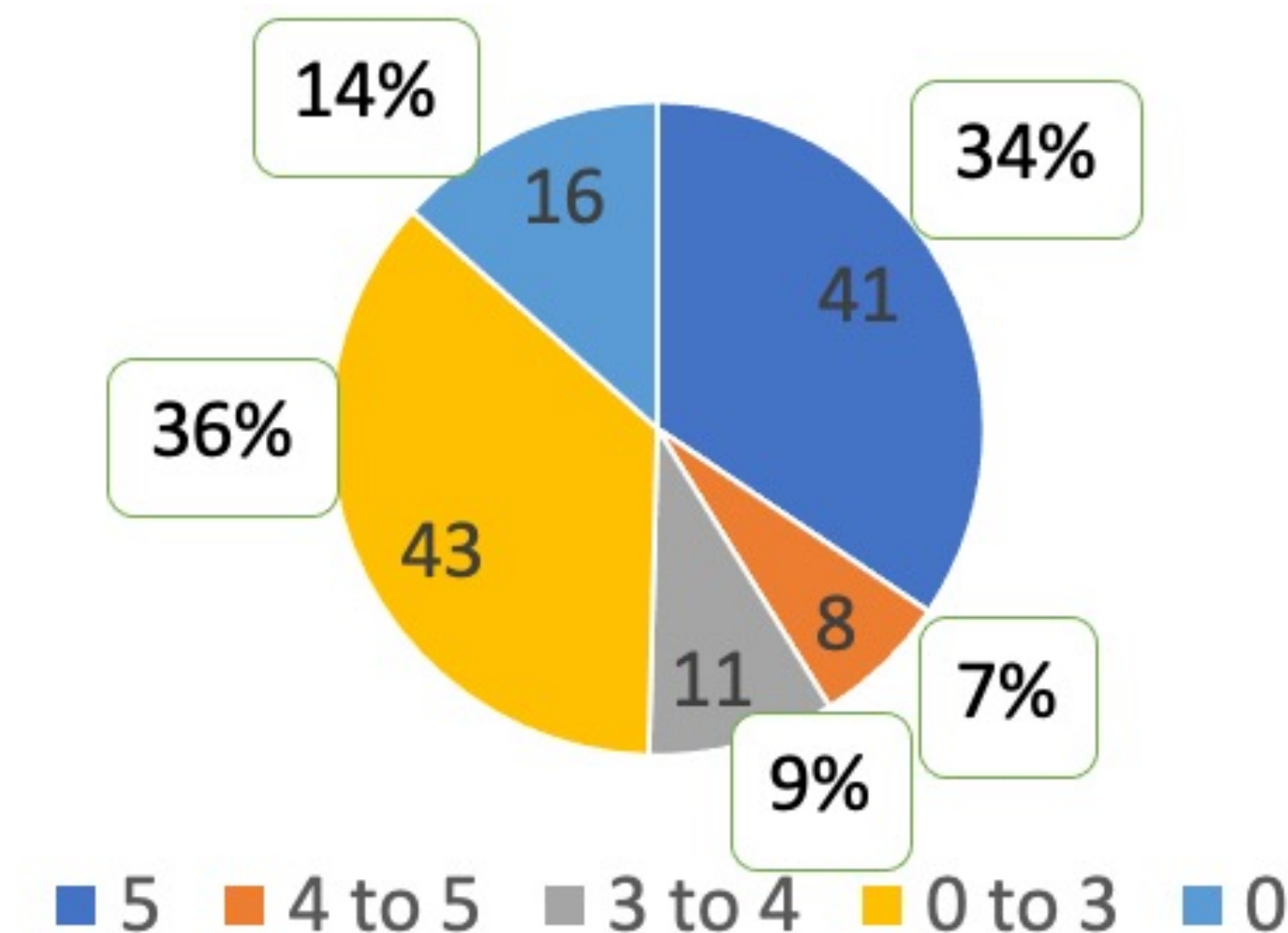
EL Program: Education (N = 119)

- 4 classes (1st + 2nd year)
- Xreading
- Weekly listening assignments with textual support
- 5,000 words, 1 hour per week (Weeks 1 - 7)
- 2,500 words, 30 min. per week (Weeks 8 - 15)

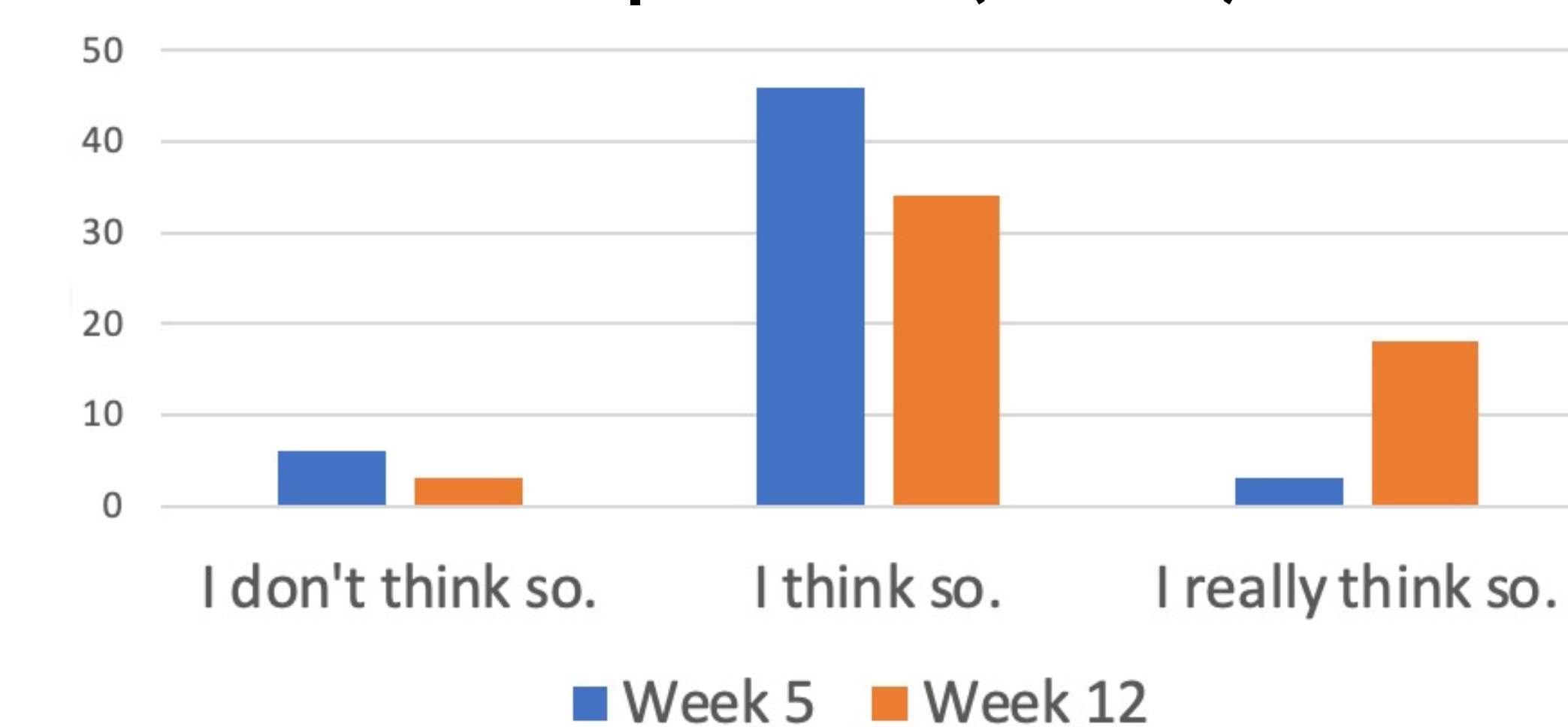
Words Read (Weeks 3 - 15) (N = 119)



Listening Time in Hours (Weeks 3 - 15) (N = 119)



"Do you feel that your English listening ability has improved?" (N = 55)



"How much did you read/listen?" (N = 55)

