

# Reflective Practice: Understanding Your Teaching & Yourself @ JALT 2021

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Thank you for attending our workshop today! Please feel free to contact us!

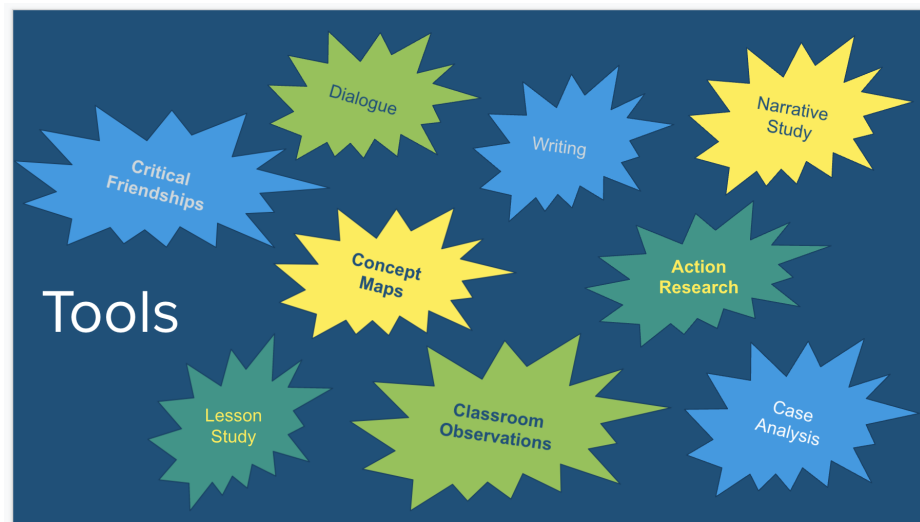
## Questions For Discussion & Reflection from Our Session

### 1 - Definitions

- What does it mean to reflect on one's practice?
- Do you know why you're doing what you're doing?
- Are you doing what you think you ought to be doing?

### 2- General Reflective Questions

- What is one thing you feel you do well as a teacher? Why?
- What is something you feel you could do better as a teacher? Why?



### 3 - Action Research

- Have you ever conducted an action research project?
- Why is it important to look inward when conducting action research rather than just trying to “fix” the problem?
- What topics are important for you to engage in action research? Why?

### 4 - Critical Friendships

- Why do you think teaching can be an isolating act (especially teaching online)?
- How can reflecting with a critical friend reassure your practice?
- Have you ever “clicked” with a colleague? (If yes, did it lead to a critical friendship for both of you? If no, are you willing to seek out a colleague as a critical friend?)
- Is there someone from your workplace, professional organization, or school with whom you could develop a critical friendship?

### 5 - Classroom Observations

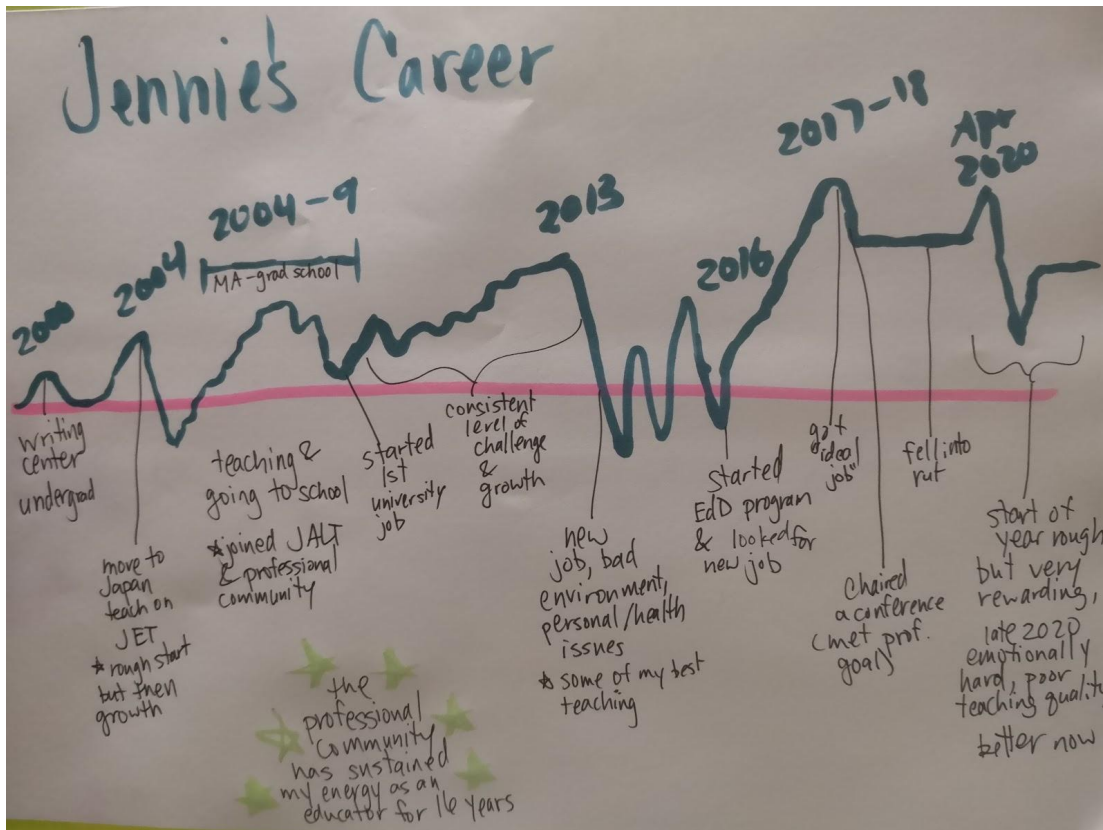
- What teaching practice or aspect of your classroom would you like to get feedback on?
- What would you like to see other teachers doing in their classrooms to help inform your practice?
- Who in your context would you feel comfortable asking to observe your lessons?
- Who in your context would you like to observe? Feel comfortable asking if you could observe?

### 6 - Reflect on Tools

Which of these activities are you most interested in? Why?

## 7 - Concept Maps: Tree of Life & Career Graphs

- How could a concept map aid you in your teacher reflections?
- Can you imagine any difficulties you may face in creating a concept map?
- Would you prefer to try this activity alone or with others?
- Do your students reflect on their learning regularly? Why or why not?



### Example (Adie)

Year/Date	Event & Brief Description
2004/July	Arrived on the JET programme
2007/July	Ended JET - Hired as a Native Teacher of English (NTE) to design junior high school "native teacher" curriculum
2011/January	Began MA program
2011	Personal issues, Earthquake,
2013/May	Graduation from Teachers College, Columbia University
2014/March	Left the junior-senior high school NTE position
2014/April	Began working part-time at 2 universities
2015/April	Began working part-time 4 universities
2016/April	First full-time teaching position at university
2018/April	Began teaching at current institution
2018/October	Invited speaker Dalat, Vietnam
2020/September	First co-authored chapter book chapter published

