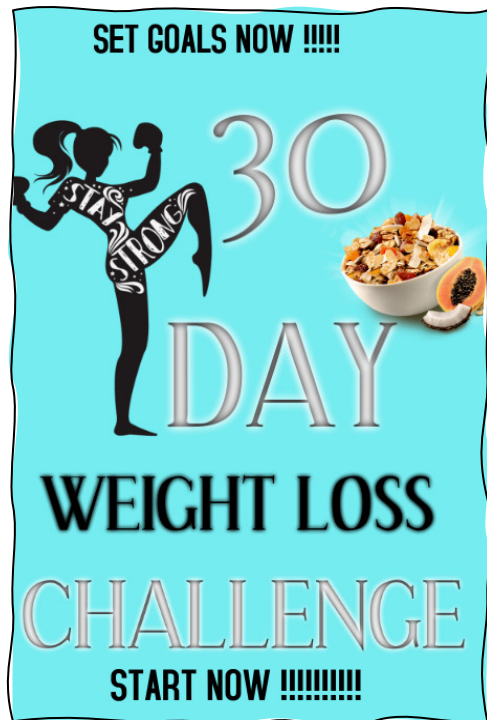


Encouraging
out-of-class
speaking
practice with a
**30-day
challenge**

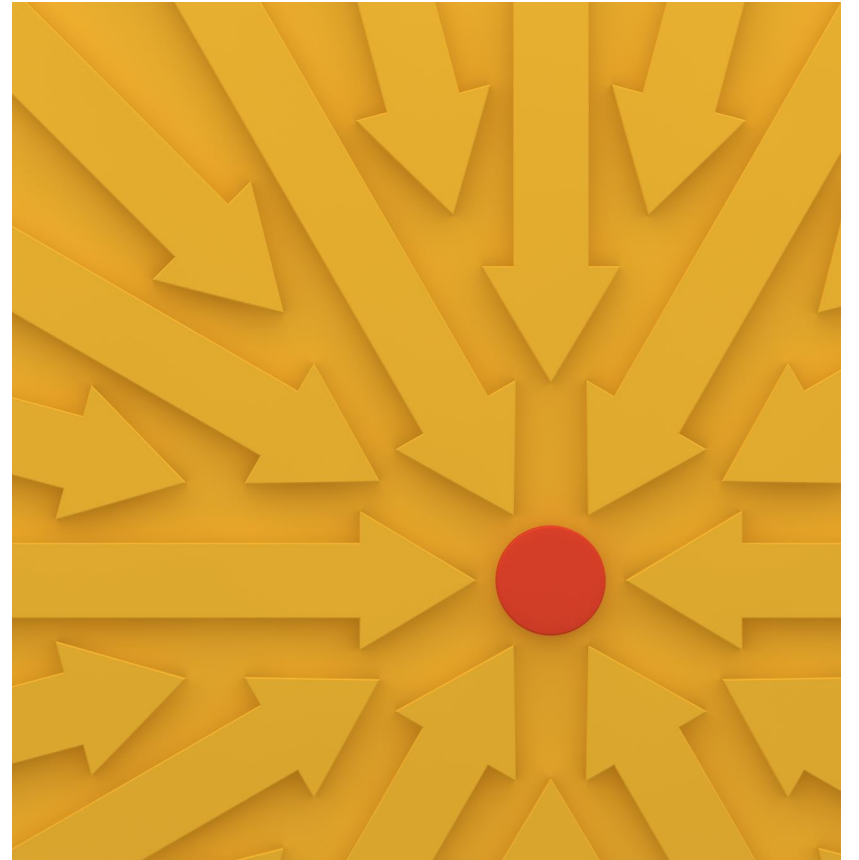


30-day Challenge



Philosophy of the 30-day Challenge

- Small additions to a person's daily routine can result in noticeable changes over the course of a month
- Inspiring, achievable, and likely to show positive results if completed earnestly



Why a 30-day challenge?

- developing good habits
- improving skills
- gaining a sense of accomplishment



My 30-day Challenge

- 1st and 2nd year university students
- A1 – A2 CEFR level
- Focused on speaking skills
- Remote teaching



My 30-day Challenge

- 1 minute audio recording task
- Opportunity to re-record
- Model response provided post-submission

<https://a.ttd.ac/MWGYM>



Student View

30-day English Speaking Challenge / About Me

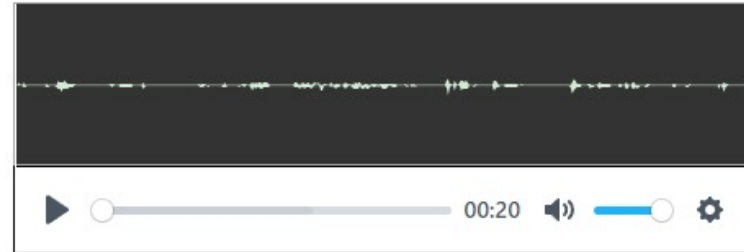


Introduce yourself. How old are you? Where are you from? What do you like?

01:00



✓ Your submission was received!



Now listen to an example answer.



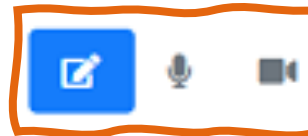
Teacher View (feedback)



U's Submission
(2022-06-13 12:16)



Teacher's Feedback



B U *I* ~~S~~ | AI v A v A[≡] v | @ v | ...

Great job!



Running a 30-day Challenge

- **Have clear start and finish dates**
- **Do the first challenge together**
- **Respond to student submissions promptly**
- **Recognize and celebrate success**

What to expect...

- Most students who start, won't finish
- Progress through the challenges may be uneven
- Improvements, not miracles



Try it yourself!

- As a student... <https://c.ttd.ac/BVKXA>
- To download the course... www.zengengo.com/30-day-challenge
- More information... elaclare@m.sojo-u.ac.jp



Getting the word out...

- Posters
- QR codes
- Links on LMS

30日スピーキングチャレンジ

30 Day English

30日間、録音した音声を毎日やりとりするだけ

始め方(1年生)

1. QRコードをスキャン→
2. “Join a Course”をクリック
3. Join Code 「VJLKM」を入力
4. “Study Now”をクリック

始め方(2年生以上)

1. ←QRコードをスキャン
2. 自分の名前と学籍番号を入力
3. 崇城大学のMicrosoftアカウントでログイン
4. “Join a Course”をクリック
5. Join Code 「VJLKM」を入力
6. “Study Now”をクリック

チャレンジの進め方

1. サイトにアクセス (<https://c.ttd.ac/BNYOJ>)
2. “Study Now”をクリック
3. インストラクションを読む
4. 自分の回答を録音する
5. 回答を録音し終わったら、回答例を動画で見てみよう
6. 先生から返事が来るので、こまめにメールをチェックしておく
(迷惑メールに入っている場合もあります)
7. これを毎日続ける

スピーキングに自信をつけよう